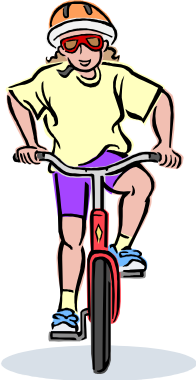
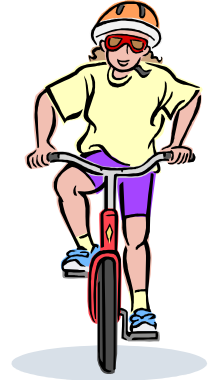


# FAMILY CYCLE RIDE and BBQ



**Thursday 19th August**

**Depart: 11am - 12 noon  
Station House, Four Ashes  
Takeley CM22 6QA**



Looking for something to do with the children  
during the school holidays?

Why not come to our child-friendly holiday cycle ride!

The Flich Way runs along the now disused railway line between Dunmow and Stortford and forms the northern boundary of Hatfield Forest, running through countryside with lovely wooded areas, rich in wildlife with views over open farmland. There's no traffic which makes it ideal for those looking for a safe and enjoyable morning's cycling.

Those taking part can opt for a 4½ or 9 mile ride before returning to The Old Station for a suitably sustaining lunchtime BBQ, cakes and squash.

**Free entry but bring your own bikes!**

**Under 16s must be accompanied by a responsible adult.**

**Further information from SSE:**

**01279 870558**

**info@stopstanstedexpansion.com**

**www.stopstanstedexpansion.com**

